Berry Yogurt ice blocks

Ingredients:

- Greek Style vanilla yoghurt
- Frozen mixed berries

Method:

Leave frozen berries out to soften, once soft measure $\frac{1}{2}$ cup and chop into small pieces .

Place on bowl, add 1/5 cup to 1 cup of the Yogurt and mix together.

Then finally place in icetray or mould and freeze for minimum 2hrs

Cheese and Vegemite scrolls

Ingredients:

- Vegemite
- Grated Cheese
- Puff pastry sheets
- 150g melted butter

Ham and or cheese scrolls

Ingredients:

- Sliced ham
- Grated Cheese
- Puff pastry sheets

150g melted butter